# WAYS TO CONNECT STUDENTS TO BASIC NEEDS

**Understanding Basic Needs to Improve The Student Experience & Learning Outcomes** 

Sally Calderon • Sharlyne Massillon • Lizzy Moore Thaddeus Phillips • Andrew Smith

## BASIC NEEDS TIMELINE

#### 2018

Basic Needs Ad-Hoc Committee formed Associated Students launch meal voucher program

#### 2020

Everytable Lounge (CMD)
Launch Meal Project
Drive-Thru Food Pantry
Opportunity House

#### 2022

Dedicated
Basic Needs Counselors
& student workers
Expanded Bodega Hours















#### 2017

S.P.Y. Partnership Eat Club provides 100 meals for Guardian Scholars students 3X/week

#### 2019

CalFresh Assistor Program
12 food closets on
campus
P/T Basic Needs
Counselor funded

#### 2021

Bodega Opens
AB132, AB396,
& AB367 pass
Hired F/T Basic Needs
Manager
WIN-LA Partnership

#### 2023

More Partnerships Campus-wide Commitment to students & Basic Needs





## BASIC NEEDS COMMITTEE

**Students Reps** 

Kamiko Greenwood, Associated Students President Cecilia Jeong, A.S. Director of Basic Needs

Thomas Bui, Interim Associate Dean, Student Life David Dever, Director, Auxiliary Services Susan Fila, Interim Associate Dean, Health and Wellbeing Debra Joseph-Locke, Supervisor, EOPS/CARE, Guardian Scholars Coordinator Lina Ladyzhynskaya, Director, Student Judicial Affairs Jamar London, Academic Senate President Socrates Manuel, Sr. Operations Manager, SMC Foundation Sharlyne Massillon, Basic Needs Manager, MSW Nick Mata, Interim Dean, Special Programs Elisa Meyer, English Department Chair & Chair of Chairs Lizzy Moore, Foundation President | Dean, Institutional Advancement Maria Muñoz, Interim Dean of Pathways, Equity and Inclusion Stacy Neal, Director, Financial Aid and Scholarships Sara Nieves-Lucas, Interim Transfer Center Faculty Lead Matthew Williamson, CPT Case Management Coordinator Matt Wong, Network Communications Technician 2, Information Technology

## MENT SMC'S BASIC NEEDS STAFF



**Sharlyne Massillon Basic Needs Project Manager, MSW** 



**Thaddeus Phillips Basic Needs** Counselor, MSW



**Sally Calderon Basic Needs Counselor, MSW** 



**Andrew Smith Basic Needs Counselor MSW** 



Alyssa Heskin **Basic Needs Counselor, MSW** 

**Open** 

-vacant-**Basic Needs** "Coordinator"

#### WHAT IS BASIC NEEDS?

Students' basic needs include access to nutritious and sufficient food; safe, secure, and adequate housing — to sleep, to study, to cook, and to shower; healthcare to promote sustained mental and physical wellbeing; affordable technology and transportation resources for personal hygiene, and child care and related needs.

**Basic needs security** means that there is an <u>ecosystem</u> in place to ensure that students' basic needs are met.

Basic needs insecurity (BNI) is a structural characteristic affecting students, not an individual characteristic. It means that there is <u>not an ecosystem</u> in place to ensure that students' basic needs are met.

#### BY DEFINITION

Food Insecurity is defined by "the limited or uncertain availability of nutritionally adequate and safe foods or the ability to acquire such foods in a socially acceptable manner. The most extreme form is often accompanied by physiological sensations of hunger."

**Housing insecurity** encompasses a broad set of challenges that prevent someone from having a safe, affordable, and consistent place to live.

Homelessness means that a person does not have a fixed, regular, and adequate place to live. In alignment with the McKinney-Vento Homeless Assistance Act, students are considered homeless if they identified as experiencing homelessness or signs of homelessness (i.e., living in a shelter, a car, temporarily with a relative, or in a space not meant for human habitation).

-The Hope Center for College, Community, and Justice



#### **ABOUT BASIC NEEDS INSECURITY**

The absence of Basic Needs among California Community College students, especially racially minoritized students, has a strong negative impact on their academic performance. A 2018 survey administered at nearly half of the schools in the California Community College (CCC) system revealed:

- 50% of students were food insecure in the prior 30 days;
- 60% were housing insecure in the previous year; and
- 19% were homeless in the previous year.

A <u>2017 national survey</u> conducted by the Wisconsin Hope Lab, examined 33,000 students at 70 community colleges across 24 states, including 14 community colleges in California. The results indicated the following:

- 2 out of 3 students attending community colleges are food insecure, with higher numbers since the COVID-19 pandemic.
- Students of African descent, Latina/o/x students, and Asian American and Pacific Islander students are more food insecure compared to their White counterparts.

The pandemic <u>exacerbated</u> both food and housing insecurity for students with nearly 3 in 5 students experiencing a lack of basic needs. Even more concerning, 52% of eligible students did not apply for public benefits like emergency aid or California's CalFresh program (aka food stamps) because they did not know how. Additionally, community college students adversely impacted by food insecurity are more likely to earn lower grade point averages compared to their community college peers who are food secure.

### WHY IT'S CRITICAL

Students impacted by food insecurity are less likely to persist, transfer, or graduate from a four-year university, failing to reach their academic goals.

#### DATA: WHY BASIC NEEDS SERVICES ARE CRITICAL

#### HUNGER

- In 2019, a #RealCollege Survey prepared for SMC by The Hope Center for College, Community and Justice indicate that of the students surveyed, 54% of students were food insecure within the previous 30 days.
- In 2020, The Hope Center released its fifth #RealCollege survey of 171 community colleges and 56 four-year institutions, and found that 42% of students at community colleges experienced food insecurity in the last 30 days.
- Trellis Company conducted their most recent Student Financial Wellness Survey in fall 2019, which measured various financial barriers students are
  facing, such as debt aversion and financial knowledge, along with scales concerning food and housing insecurity. The results indicated that of the 54
  community colleges who participated in the study, 23% of students reported low food security and 28% reported very low food security within the last
  30 days.
- In 2016-17, Cal State University (CSU) Chancellor's Office assessed student food insecurity among 23 CSU campuses. Researchers found 42% of CSU students reported food insecurity within the last 30 days.

#### HOUSING

- In 2019, a #RealCollege Report indicate that of the students surveyed, 62% of SMC students were housing insecure in the previous year and 23% of students surveyed with homeless in the previous year.
- The Trellis Company assesses homelessness with a similar approach to the Hope Center. In fall 2019, they found that 49% of community college students reported housing insecurity, and 15% reported homelessness within the past 12 months.
- The CSU instrument uses both HUD and DOE definitions to assess for homelessness with a 12-month timeframe to account for term breaks. They found in 2016–17 that 11% of CSU students reported homelessness within the past year.
- The Hope Center developed their own survey instrument adapted from the SIPP Adult Well-Being Module and questions used by the CSU Chancellor's Survey—assessing behaviors such as the ability to pay rent among, and their housing environments. In fall 2019, they found that half of students at two-year colleges experienced housing insecurity, and about 17% were affected by homelessness in the last 12 months.

## HEALTH & WELLBEING

A commonly used health assessment measure among colleges across the US is the National College Health Assessment III from the American
College Health Association (ACHA). The survey contains seven validated measures on topics such as resilience, well-being, serious mental illness,
suicidal behaviors, loneliness, and substance-use screening. According to their 2020 results, 30% of students have received mental health services
in the past year, with 55% receiving that care from their campus health or counseling center.

### STATE LEGISLATION

## AB1995 - Effective 01/01/17 Shower Access for Homeless Students

Requires community colleges to have shower facilities for student use to grant access to those facilities to homeless students.

#### AB132 - Passed 07/27/21

## **State to Fund Basic Needs Centers on Community College Campuses**

Requires all community college campuses to establish a Basic Needs Center and hire a basic needs coordinator by July 1, 2022, linking students to onand off-campus housing, food, mental health, and other basic needs services and resources.

#### AB396 - Passed 10/4/21

#### **More CalFresh Benefits for College Students**

Currently, college students are ineligible for the benefits unless they are working at least 20 hours a week or meet exemptions. AB 396 focuses on an exemption for employment and training services, which allows students who participate in internships, apprenticeships and on-the-job training to obtain CalFresh benefits.

#### AB367 - Passed 10/8/21

#### **Menstrual Equity for All**

By August 2023, all community colleges required to stock adequate supply of menstrual products, available and accessible, free of cost to students and made available in centralized locations.



## SERVING STUDENTS COMMUNITY PARTNERS

For the past four years, Santa Monica College has been working with a variety of community-based organizations to address the needs of hungry and homeless students. SMC is a community within a community, serving students from dozens of cities/states/countries. The Center for Health and Wellbeing, Student Life, and the SMC Foundation with enormous support from Business Services have partnered with non-profit organizations, local businesses, and corporations to ensure students have their basic needs, specifically food security, met in order to fulfill their academic endeavors. Partners include:

- •Campus Kitchen, The Coffee Spot, TCBY, Corsair Cafe
- •CSUs, UCs, USC, Columbia Graduate Students Serving as Interns
- •Everytable

Suja Juice

FoodCycle

•St. Joseph Center

•Food Forward

•The California Department of Public Social Services

•Jian Isaac Bread

- •The City of Santa Monica
- Opportunity House
- Vicente Foods
- Safe Place for Youth
- Westside Food Bank
- Westside Infant-Family Network Los Angeles (WIN-LA)

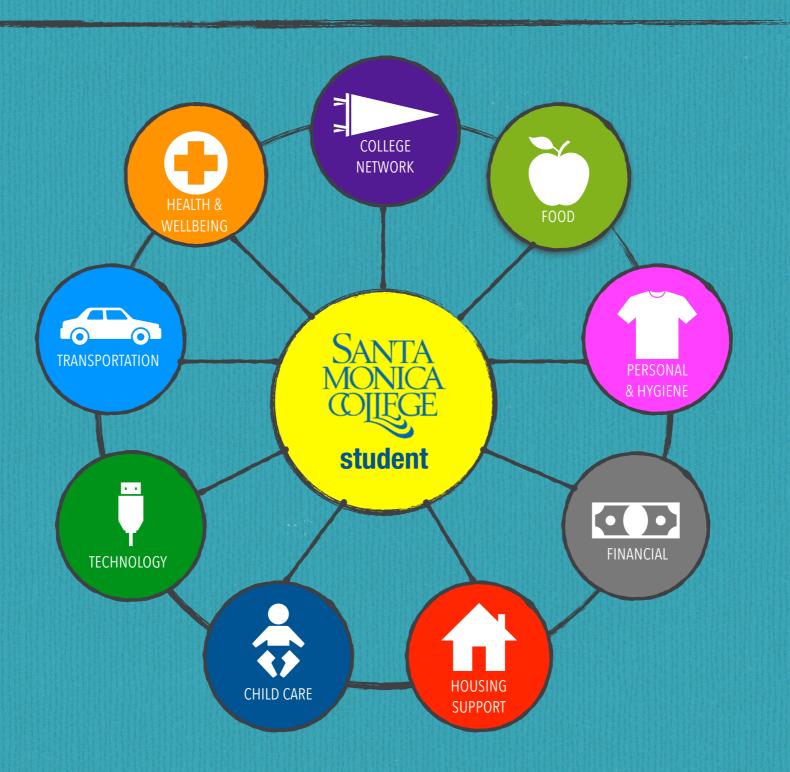


# WHAT RESOURCES ARE AVAILABLE FOR STUDENTS WHO NEED HELP WITH BASIC NEEDS?

## **BASIC NEEDS ECOSYSTEM**



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## FREE RESOURCES



Students who pay their Student Benefits fee\* of \$22.50 per semester have free access to the following transportation options:

- Big Blue Bus
- Metro
- Culver City Bus
- LADOT Dash
- Norwalk Transit
- Montebello Bus
- City of Commerce
- Bike Share

\*Fee waivers are issued by Basic Needs Counselors following student assessment



Free Chrome Books
Student should inform
instructor or
counselor

WiFi Access on All Campuses



The Bodega Rack is open during Bodega hours and offers free gently used clothing for students.

Quantities vary.

ACCESS TO SHOWERS
SMC provides students who are homeless with access to showers located on the 2nd floor of Core Performance
Center (CPC).
Fall Hours\*
M-Th: 7-10 PM
Fri: 7 AM-6 PM

(\*subject to change)

#### WANT TO DONATE?

Items we need: coats, sweaters, dresses, suits, tops/blouses/dress shirts, pants, skirts, shorts, socks - no bathing suits, bedding, underwear shoes, or other household items. Drop-off to Bodega during hours of operation.



The Center for Wellness and Wellbeing provides a range of psychological services to help enhance the overall personal wellbeing of students.

For more health center info, visit: smc.edu/healthcenter

For more mental health services, visit: smc.edu/wellness

Appointments Available In Person and Virtual

## MORE RESOURCES



Other Ways to Connect Students to Basic Needs (Part 2)

DIRECT CONNECT (Part 2)

GATEWAY TO
PERSISTENCE & SUCCESS
(Part 2)

CARE & PREVENTION TEAM (Part 2)



Students experiencing an immediate need for shelter can call 2-1-1 for local availability.

Safe Place for Youth Serves ages 18-24 310-902-2283

The People Concern Serves ages 25+ 323-334-9000

Los Angeles Room & Board's Opportunity House Serves ages 18-27

St. Joseph Center Serves ages 25+ 310-396-6468



Full-time SMC student parents may be eligible to receive free child care for infants, toddlers, and preschool-age children while attending Santa Monica College.

Students must be in good academic standing, maintaining a 2.0 GPA +. Students must be be Pell Grant eligible based on FAFSA application.

Grant funding provided by CCAMPIS (Child Care Access Means Parents in School program)



Emergency support\* is available for qualified students with an urgent need - one where a financial situation will impede the student's ability to continue their upward trajectory, has the potential to cause major disruption, or where there are no safety nets in place.

Examples include but are not limited to:

- The absence of appliances or beds
- Cars, auto repair (high vetting)
- Emergency Home Repairs
- Relocation expenses
- Pending eviction

<sup>\*</sup>Made possible by a partnership between SMC Foundation and The Change Reaction



Food Program?	What?	Located?	How to Access
SMC's Bodega	Fresh produce, meats, dairy, shelf stable items, personal hygiene items (toothpaste, soap, tampons, pads), gently used clothing, books	Across from the Health Office adjacent to the cafeteria	Current Student ID Required -Open- Mon 3P – 6 P Tue 8A – 11A Wed 11A – 3P
Meal Project 2.0 Everytable	Free, fresh meals available for pick-up on campus at the Bodega. For food insecure students who are enrolled in at least 5 for credit units	foodsecurity@smc.edu	Secure website link issued to qualified students by basic needs counselors
Meal Project 2.0 Bento	Free, fresh to-go meals using bento app. For food insecure students who are enrolled in at least 5 for credit units	foodsecurity@smc.edu	Secure app issued to qualified students by basic needs counselors
CalFresh	California's Supplemental Nutrition Assistance Program (SNAP) aka food stamps that provides individuals and families with money to buy food and groceries	foodsecurity@smc.edu	Amount varies depending on eligibility but can be as high as and distributed on an EBT card
Bodega Bites	Stocked, shelf-stable snacks	See Next Slide	Current Student ID Required



## INTRODUCING



Grab and go healthy snacks including granola bars, cereal bars, crackers, apple sauce and other light "bites" available for students

## (15) BODEGA "BITES" LOCATIONS

Campus?	Program Located?	Access?
Main Campus > SSC > 2nd Floor	Black Collegians & Latino Center	Based on department hours
Main Campus > Pavilion > 2nd Floor	Athletic's Mail Room Across from Athletic Director's Office	Based on department hours
Main Campus > Math Complex	Math Department Offices	Based on department hours
Main Campus > Drescher > 3rd Floor	DH 301 & DH 301A	Based on department hours
Main Campus > Business >- 1st Floor	Office of Fashion & Photography	Based on department hours
Main Campus > SSC > 2nd Floor	EOPS	Based on department hours
Main Campus > SSC > 1st Floor	Center for Students with Disabilities	Based on department hours
Main Campus > Science Bldg 2nd Floor	Life & Physical Sciences Faculty Office Lobby	Based on department hours
Main Campus > Cayton Center  Basement	Veterans Success Center	Based on department hours
Main Campus > Cayton Center  2nd Floor	Office of Student Life	Based on department hours
Bundy Campus	TBD	Based on department hours
Center for Media & Design	CMD 240	Based on department hours
Performing Arts Campus > 2 <sup>nd</sup> Floor	Music Office Lobby	Based on department hours
Emeritus Campus	Lobby 140	Based on department hours

# SIGNS THAT A STUDENT NEEDS HELP WITH BASIC NEEDS

## **COMMON DISTRESS SIGNS**

While these are considered common signs, please recognize that they only offer general guidance. Individual students may differ significantly from the following general characteristics:

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Lack of Continuity in Education	Attendance at many different high schools or institutions of high education		
Difficulties in School	<ul> <li>Frequent tardies and/or absences from class</li> <li>Consistent lack of preparation</li> <li>Lack of supplies needed to complete assignments</li> <li>Loss of books and other supplies on a regular basis</li> <li>Consistent lack of preparation for school</li> </ul>		
Social and Behavioral Concerns	<ul> <li>A marked change in behavior</li> <li>Poor/short attention span</li> <li>Poor self-esteem</li> <li>Extreme shyness</li> <li>Resistance to forming relationships with professors or classmates</li> <li>Difficulty trusting people</li> </ul>		
Poor Health/Nutrition & Poor Hygiene	<ul> <li>Chronic fatigue and hunger</li> <li>Unmet medical and dental need</li> <li>Skin rashes</li> <li>Fatigue (may fall asleep in class)</li> <li>Respiratory problems</li> <li>Wearing the same clothes repeatedly</li> <li>Inconsistent grooming</li> <li>Lack of consistent access to shower and laundry facility</li> </ul>		
	"I have been moving around a lot lately."		

• "I'm staying with friends for a while."

• "I'm going through a difficult time."

**Statement by Student** 

